What is claimed is:

1. A terminal comprising

when a depth direction, a width direction and a thickness direction all perpendicular each other assumed, being to are a rectangular-tube-shaped body having an opening or a tab at the front in the depth direction thereof and having a cross plate, a first vertical plate and a second vertical plate bending from both ends in the width direction of the cross plate and rising to one side in the thickness direction, an inner plate bending from the first vertical plate and extending in the width direction close to the second vertical plate, and an outer plate bending from the second vertical plate and extending in the width direction close to the first vertical plate to overlap with the inner plate,

a connecting part extending from the body rearward in the depth direction and to be connected to a conductor, and

a laid-down protruding piece bending from the end in the width direction of the outer plate of the body to reverse in the width direction, extending in the width direction and having a width equal to or narrower than the width of the outer plate.

2. The terminal as recited in claim 1,

wherein the laid-down protruding piece's part bending from the end in the width direction of the outer plate to reverse in the width direction is formed to draw an arc when seen in the depth direction.

3. The terminal as recited in claim 1,

wherein the laid-down protruding piece's part opposing to the outer plate is provided with a protruding part that protrudes in the thickness direction and contact the outer plate.

4. The terminal as recited in claim 2,

wherein the laid-down protruding piece's part opposing to the outer plate is provided with a protruding part that protrudes in the thickness direction and contact the outer plate.

5. The terminal as recited in claim 3,

wherein the protruding part is provided up to the rear end in the depth direction of the laid-down protruding piece.

6. The terminal as recited in claim 4,

wherein the protruding part is provided up to the rear end in the depth direction of the laid-down protruding piece.

7. The terminal as recited in claim 1,

wherein the corner at the front in the depth direction and at the top end in the width direction of the laid-down protruding piece is chamfered when seen in the thickness direction.

8. The terminal as recited in claim 2,

wherein the corner at the front in the depth direction and at the top

end in the width direction of the laid-down protruding piece is chamfered when seen in the thickness direction.

9. The terminal as recited in claim 3,

wherein the corner at the front in the depth direction and at the top end in the width direction of the laid-down protruding piece is chamfered when seen in the thickness direction.

10. The terminal as recited in claim 4,

wherein the corner at the front in the depth direction and at the top end in the width direction of the laid-down protruding piece is chamfered when seen in the thickness direction.

11. The terminal as recited in claim 1,

wherein the circumferential edges of the face of the terminal facing frontward in the depth direction are chamfered.

12. The terminal as recited in claim 2,

wherein the circumferential edges of the face of the terminal facing frontward in the depth direction are chamfered.

13. The terminal as recited in claim 3,

wherein the circumferential edges of the face of the terminal facing frontward in the depth direction are chamfered.

14. The terminal as recited in claim 4,

wherein the circumferential edges of the face of the terminal facing frontward in the depth direction are chamfered.

15. The terminal as recited in claim 7,

wherein the circumferential edges of the face of the terminal facing frontward in the depth direction are chamfered.

16. The terminal as recited in claim 8,

wherein the circumferential edges of the face of the terminal facing frontward in the depth direction are chamfered.

17. The terminal as recited in claim 9,

wherein the circumferential edges of the face of the terminal facing frontward in the depth direction are chamfered.

18. The terminal as recited in claim 10,

wherein the circumferential edges of the face of the terminal facing frontward in the depth direction are chamfered.

19. The terminal as recited in claim 7,

wherein chamfer is R-chamfer that is formed by like drawing an arc.

20. The terminal as recited in claim 11,

wherein chamfer is R-chamfer that is formed by like drawing an arc.